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New Releases 2019

TRANSITIONING IN GRACE
A Yogi’s Approach to Death and Dying
Nalini Graeber

In Transitioning in Grace (based on the teachings of Paramhansa Yogananda, author of the classic Autobiography of a Yogi), Nalini Graeber presents true accounts of how longtime yogis and meditators have left their bodies.

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Chronicling his stays in India from 1958–1962 and 1972–1973, Swami Kriyananda shares inspiration from his visits to many saints, including Anandamayee Ma, Yogi Ramiah (Sri Rama Yogi), Swami Muktananda, Swami Narayan, and Sathya Sai Baba.

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Autobiography of a YOGI
Paramhansa Yogananda

ABOUT THE AUTHOR:

Born in India in 1893, Paramhansa Yogananda was trained from his early years to bring India’s ancient science of Self-realization to the West. In 1920 he moved to the United States to begin what was to develop into a worldwide work touching millions of lives. Americans were hungry for India’s spiritual teachings, and for the liberating techniques of yoga.

In 1946 he published what has become a spiritual classic and one of the best-loved books of the twentieth century, Autobiography of a Yogi. In addition, Yogananda established headquarters for a worldwide work, wrote a number of books and study courses, gave lectures to thousands in most major cities across the United States, wrote music and poetry, and trained disciples. He was invited to the White House by Calvin Coolidge, and he initiated Mahatma Gandhi into Kriya Yoga, his most advanced meditation technique.

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Swami Kriyananda
This is an unparalleled, firsthand account of the teachings of Paramhansa Yogananda. Featuring nearly 500 never-before released stories, sayings, and insights, this is an extensive, yet eminently accessible treasure trove of wisdom from one of the 20th Century’s most famous yoga masters.

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Swami Kriyananda
Paramhansa Yogananda’s classic Autobiography of a Yogi is more about the saints Yogananda met than about himself—in spite of the fact that Yogananda was much greater than many he described. Now, one of Yogananda’s few remaining direct disciples relates the untold story of this great spiritual master and world teacher.

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About Yogananda

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By Swami Kriyananda

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ABOUT THE AUTHOR:
A prolific author, accomplished composer, playwright, and artist, and a world-renowned spiritual teacher, Swami Kriyananda (1926–2013) referred to himself simply as a humble disciple of the great God-realized master, Paramhansa Yogananda. He met his guru at the young age of twenty-two, and served him during the last four years of the Master’s life. He dedicated the rest of his life to sharing Yogananda’s teachings throughout the world.

Kriyananda was born in Romania of American parents, and educated in Europe, England, and the United States. Philosophically and artistically inclined from youth, he soon came to question life’s meaning and society’s values. During a period of intense inward reflection, he discovered Yogananda’s Autobiography of a Yogi, and immediately traveled three thousand miles from New York to California to meet the Master, who accepted him as a monastic disciple. Yogananda appointed him as the head of the monastery, authorized him to teach in his name and to give initiation into Kriya Yoga, and entrusted him with the missions of writing and developing what he called “world brotherhood colonies.”

Recognized as the “father of the spiritual communities movement” in the United States, Swami Kriyananda founded Ananda World Brotherhood Community in the Sierra Nevada foothills of Northern California in 1968. It has served as a model for nine communities founded subsequently in the United States, Europe, and India.
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